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Table of Contents

Background and Introduction

COVID19 response value chain and the need

Energy and infrastructure driven needs for COVID response (Summary table)

Gaps in current infrastructure/ options

Recommended design guidelines (appliances, solar energy and green building design)

- Quarantine
- Isolation
- Therapeutic

Other Auxiliary Infrastructure

- OPD and IPD
- Quarantine Facilities for Medical Staff

References and Acknowledgement

About SELCO Foundation & Health+Energy Nexus



Background and Introduction

SELCO over the last two decades has been striving to provide sustainable solutions, to under-served communities, that can enable better delivery of livelihoods, health and education. The primary philosophy being to eradicate poverty permanently an eco-system approach needs to be applied where the poor become asset owners and creators. The crisis SELCO was trying to mitigate was climate change and its effect on the poor communities.

The present crisis of COVID-19 is no different, but just that it has happened extremely suddenly and has impacted all parts of the society at once. Again, the biggest victims of this ongoing crisis will be the poor. SELCO's again believes the eco-system approach will help come up with appropriate solutions to the problems being created by COVID-19.

There are multiple interventions SELCO has furloughed and one of the most critical being in the health vertical. Working with experts from the medical field across the world, grassroots level health focussed NGOs and local governments SELCO has mapped out the initial set of interventions. The document presents some of the most critical ones that along with the stakeholders, the consortium would implement, and that then can replicated by others in different regions.

WHO has declared the COVID-19 (SARS-CoV-2) outbreak as Public Health Emergency of international concern and has raised the risk assessment of China, Regional Level and Global Level to Very High and "all countries should be prepared for containment, including active surveillance, early detection, isolation and case management, contact tracing and prevention of onward spread of SARS-CoV-2 infection.

- of suspect /confirmed cases. The guideline on home quarantine available on the website of the Ministry provides detail guidance on home quarantine.
- Isolation refers to separation of individuals who are ill and suspected or confirmed of COVID-19. All suspect cases detected in the containment/buffer zones (till a diagnosis is made), will be

COVID-19 crisis has provided an opportunity to prove that sustainable energy, appropriate building design, utilization of sustainable materials for construction and efficiency of medical equipments are all critical components for delivering emergency services. SELCO has worked with stakeholders to consider both the above criterion and have created a blueprint for the 1st set of interventions.

The added advantage being these components and interventions can be used even after the crisis is over, thus making it economically sustainable for governments to invest in them.



• Quarantine refers to separation of individuals who are not yet ill but have been exposed to COVID-19 and therefore have a potential to become ill. There will be voluntary home quarantine of contacts

hospitalized and kept in isolation in a designated facility till such time they are tested negative. Persons testing positive for COVID-19 will remain to be hospitalized till such time 2 of their samples are tested negative as per Ministry of Health and Family Welfare (MoHFW) discharge policy. About 15% of the patients are likely to develop pneumonia, 5% of whom requires ventilator management.















Individual who are returnees from COVID19 affected areas, contacts with returnees or with confirmed cases etc. are the primary focus group for whom healthcare services are defined in this document. Depending on the stage of the COVID19 infection, medical services that need to be provided to the patient, the health staff and infrastructure (specifically technology) requirements differ.

It is also important to note that every positive COVID19 patient, infects 2-3 people on an average, Thus, contact tracing, identification, quarantine and screening of individuals who come in contact with a positive COVID19 patient is the first step to curbing the spread of the virus.

1. Asymptomatic - Individuals with the potential of developing symptoms related to Covid19 or being carriers of the virus.

Quarantine facilities are spaces where individual can be separated from general public for 14 to 20 days for symptoms monitoring and test for Covid19 virus. Medical care is not required at these facilities and patients that develop symptoms, need to be isolated and transferred to medical care facilities.

Depending on the geography and the context, temporary quarantine facilities might need to be set up to ensure that quarantine protocols are followed. For example, in urban slums or households/ neighbourhoods with high density, regions facing a sudden influx of migrants etc. These units can be set up as makeshift units by upgrading existing public infrastructure- following guidelines stated in the following page to ensure quality care and well-being.

2. Asymptomatic / Mild - Tested Covid19 positive cases with no symptoms or mild symptoms, such as fever and Fatigue.

100% of Covid19 positive patients need physical and social **isolation with medical care and monitoring**. These units will be built as extensions to COVID FIRST LINE TREATMENT CENTRES (CFLTC). These can be housed out of primary care units- but the identification of the location needs to be in line with the guidelines on the following page.

3. Moderate - Patients with fever and breathlessness and/or mild Pneumonia.

Close to 15% of Covid19 positive patients need **basic therapeutic care**. These units will be built as extensions to COVID FIRST LINE TREATMENT CENTRES (CFLTC). These can be housed out of primary care units- but the identification of the location needs to be in line with the guidelines on the following page. It is also important to note that the facility should be in close proximity to the designated COVID hospitals, and patients should be closely monitored, so they can be transferred for critical care if needed. Patients with pre-conditions (proving them to be high risk) should be prioritised in COVID Hospitals equipped for critical care.

4. Severe - Patients with fever, breathlessness and severe Pneumonia.

Close to 5% of Covid19 positive patients need ICU care who are critically ill. Among them 67% develop Acute respiratory Distress syndrome (ARDS). These units will be built as extensions to COVID HOSPITAL(CH). - (Source: WHO Clinical Management of COVID 19 Patents)



| | Probable exposure | | Covid Positive cases | | |
|--------------------------------------|--|--|--|--|--|
| Requirement | Asymptomatic | Asymptomatic / Mild ¹ - 100% approx | Moderate ² - 15% approx | Severe ³ - 5% approx | |
| | Quarantine ward | Isolation ward | Basic Therapeutic Care | ICU | |
| Required Beds | | 300 beds per 100,000 population | 4 beds per 100,000 population is essential | 2 ICU beds per 100,000 population essential | |
| Human Resources (Med) | ANM, ASHA, AWW | Nurses, Medical Officers | General Medical Officer, Medicine Specialist, Paediatric, Microbiologist, Psychiatrists/ Psychologists, Nurses, Lab Technician, Public Health Specialist | Therapeutic Care HR + Respirate specialist, anaesthesiologists, ICU r and technicians | |
| Appliances | | Exhaust fans, Pedestal fans, Lights, Mobile charger | | | |
| Medical Equipment | 1 unit IR Thermometer**, Covid sample collection kits (ratio to affected population, 1hr = 10/15 tests) | 1 unit IR Thermometer** | 1 unit IR Thermometer**, 3 units Oxygen concentrator/ Cylinder, 6 units Pulse Oximeter (+2), 1 unit X-Ray Machine (for all wards) | 4 units [Ventilators (with/ withous splitters) - cylinders/ oxygen concer infusion pump, suction devices, mu monitor], 1 unit defibrillator (+1 | |
| Spatial - Patient Beds per module | 6ft by 8ft cubicle - 10 beds | 6ft by 8ft cubicle - 10 beds | 6ft by 8ft floor area - 6 Beds | 10ft by 8ft floor area – 4* or 6 be | |
| Sanitation | 4 toilets and 2 showers, 200 LPD Solar water heater Water Pump (as per need) | 4 toilets and 2 showers, 200 LPD Solar water heater Water Pump (as per need) | | | |
| Vestibule | Common entry | Designated airlock entry and exit channels | | | |

*Economical and Practical to set up 4 Bed vs. 2 Bed. Can be used as both therapeutic and ICU care by building 1 six bed unit per 6 Lakh population) ** IR Thermometer is suggested in places where more than 80 people are expected to be screened in a day. Further, in case IR thermometer is being used in a health facility, adequate training of staff on its use needs to be provided.





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Infrastructure Gaps for Isolation and Therapeutic units for COVID19

Following gaps have been observed in the Infrastructure required for COVID19:

- Epidemic unpreparedness of district level health centers such as: unavailability of additional rooms, isolation beds, testing kits, quarantining & isolation facilities, ventilators and medical supplies; as the coping mechanism is very much co-related to quality infrastructure
- Local community centres and government buildings converted to temporary isolation wards lack access to reliable power supply- critical for well-being and treatment of the patients
- Due to unreliability of the grid (powercuts and voltage fluctuations), these buildings rely on generators resulting in high operational costs
- Not originally designed to serve as isolation wards, these temporary isolations wards also can lack basic sanitation such as clean water, disinfected toilets and drainage facilities
- Certain states/regions in India (which will also be the case across other developing countries) have severe shortages in ambulances and oxygen cylinders- leading to poor accessibility of health services and broken supply chains for critical infrastructure like ICUs
- Social distancing is a hard concept to follow in dense urban slums and vulnerable institutions catering to large number of individuals living in close proximity or using common infrastructure- such as toilets, water points etc. This may aggravate the community transfer of COVID-19



The shortfall of infrastructure, is being seen primarily in two ways

Option1 : Existing public buildings such as community centers, panchayat buildings, government residential schools, training centre of the NGOs, stadiums, etc can be upgraded and renovated to function as quarantine or isolation wards.

Option 2: Renovation, quick up-gradation and extension of existing hospitals

These two options have been detailed below and guidelines have been specified. However, as stated earlier, it is important to also note that the infrastructure required for COVID 19 (particularly for Isolation and Therapeutic Units) will need to be combination of built infrastructure and energy infrastructure- energy required to ensure smooth running of critical health equipments and to ensure the well-being of the patients and the staff.

Option 1: Renovation / Conversion of Existing Infrastructure

The first option for quick expansion of infrastructure gap has been to renovate and plan for conversion of existing infrastructure for quarantine and isolation wards. Across the world several public buildings (such as schools, community halls, marriage halls, panchayat / village administration offices etc), residential units such as hostels, hotels etc are being identified for this intervention. However, it is to be noted that this is not an option for therapeutic units for critical patients, since that requires a carefully designed health infrastructure ready to handle any level of complication, complemented by the right human resource, which is available only in a hospital.

Guidelines for renovation for renovation have been summarized alongside:

- exhaust fans and roof vents
- and functional.
- Workstation to be provided for caregiver or medical professional for data logging and PC
- Kitchen or kitchen storage and distribution area to be available
- maintained

For more details, please refer to this link.

Note: The Renovation Guidelines currently do not account for energy demands of quarantine and isolation units. It is to be noted that specifically in rural scenarios or Tier II and Tier III Towns, it is important to identify energy assessment as a critical aspect. These units demand high energy for appliances and maintaining thermal comfort and lighting. Schools, Panchayat buildings, Community Halls etc suggested for makeshift Isolation and Quarantine Units usually have unreliable power, high degrees of voltage fluctuations and in some cases would require additional budgets for upgradation of transformer to account for heavy loads such as oxygen concentrators.



Demarcation of the entry/ exit points for asymptomatic and symptomatic patients, medical professional and caregivers need to be done

Segregation of rooms as per containing of contaminants need to be ensuredlsolation protocol for symptomatic patients care like anteroom, airlock vestibule and segregated toilets need to be provided Ventilation need to be planned to prevent spread of infection in the form of windows, ventilators,

Locate the cubicles for easy access of toilets and bathrooms. Toilets and bathrooms need to be clean

Demarcating of waste collection units and protocol to protect inhabitants and waste handlers

Services and Utilities like energy supply and reliance, water supply and proper sanitation need to be

Aerators to be placed on all taps to conserve water





Option 1: Renovation / Conversion of Existing Infrastructure



(From Left to Right) Hostels , Train Compartments and Marriage Halls converted into makeshift hospitals- Quarantine and Isolation Units



Option 2: Infrastructure Extension or Quick Capacity Up-gradation

Learning from some of the International response measures, guidelines for quick upgradations, extensions and creation of temporary infrastructure have been detailed in the following pages. These guidelines have been developed for design of the

- 1) built environment to ensure thermal efficiency, resilience and climate responsive-ness;
- 2) Identification of efficient technologies for the units
- 3) Energy system design

To develop these guidelines, existing solutions were also compared along various factors.



(From Left to Right) Stadiums, Heavy Duty Canvas Tents and Shipping Containers being used to setup quick Quarantine and Isolation Units



The factors considered for analysis are:

- 1) Health guidelines and spacial consideration for setting up isolation wards and cubicles
- 2) Customisation capacity of facility/ technology identified for upgradation to isolation wards
- 3) Infection Control and Ventilation
- 4) Thermal Comfort of patients and medical personnel
- 5) Utility and sanitation
- 6) Energy Performance
- 7) Construction and ease of setting up

| Features | Retrofitted Shipping containers | PVC & Heavy Duty Canvas Tents | In-Situ Fabricated Units ² | Pre-Assembled Units |
|--|--|---|--|---|
| Health guidelines and spatial consideration for setting up isolation wards and cubicles | 1-2 beds maximum can be accommodated per module | Large tents can contain as many as 50 to 100 beds if required | | |
| Customisation capacity of facility/ technology identified for upgradation to isolation wards | Fixed unit dimension size limits customisation capacity for functions, windows and ventilation add-ons and other services. | Highly customisable to any layout and configuration at low costs. | Highly customisable and can adhere to any regulatory recommendations | Limited customisation avail and can adhere to any regulatory recommendatio |
| Infection Control and Ventilation | Lack of windows and methodologies to exhaust the space, limits capability to maintain hygienic conditions and infection control | Does not ensure complete air sealing or hygiene conditions - Increases the risk of spreading the infection and makes mechanical ventilation more inefficient | Can be attained by introducing all passive and active measures for comfort | Can be attained by introduc all passive and active meas for comfort |
| Thermal Comfort of patients and medical personnel | Metal envelope has low thermal efficiency resulting in strong dependence on air conditioner systems or add-on insulation | No passive insulation (especially for heat stress regions) and no weather protectant from rains, climate stresses or disasters | More insulated wall and roof panels need to be provided to achieve higher levels of comfort | More insulated wall and ro panels need to be provided achieve higher levels of con |
| Utility and sanitation | Addition of plumbing and sanitation facilities require high amount of customisation | Porta-toilets or cabins to be provided as add-ons to ensure airlock spaces for infection control | Can be built completely airlock and with hygienic conditions | Can be built completely airl and with hygienic conditio |
| Energy Performance | Lack of windows reduces natural lighting and increases dependency on artificial lighting even during daytime High costs of air conditioning for comfort | Dependency on artificial lighting even during daytime unless translucent tent envelop or window flaps are provided High expense on air conditioning for thermal comfort | Efficiency can be improved as long as passive methods and climate responsive design is adopted | Efficiency can be improved long as passive methods a climate responsive design adopted |
| Construction and ease of setting up | If standard designs are prepared, customisation can happen in manufacturing facilities in bulk and prefabricated High cost to engage skilled professionals in fabricated construction/retrofit. Long prefabrication process. Logistics and transportation is difficult due to unit being a monolit structure - Hard to reach regions with poor road infrastructure unless air lifted - standard sizes of trucking vehicles to be used | Not recommended during or in regions with heavy winds Fast construction can be achieved | While most components can be pre- fabricated, high dependency of energy and skilled labour force on site to execute. Quick construction and prefabrication time. | Long process for prefabrica and similar challenges is transport of shipping contair |

Table 1: Comparison of Existing Solutions for Infrastructure Up-gradation and Extension

² MS framework; Option 1- Walling: Bison panels; Roofing: Colour coated sheet, Option 2: Walling: PUF panels, Roofing: PUF panel ³ Monolit module with MS/ LGS Frame; Materials: Gypsum, EPS, Puf Sandwich





Recommended Technology Typology

Based on the comparison the previous page, the 2 Prefabricated technologies were deemed more viable due to their customizability, thermal performance, energy efficiency and ease and timeline for construction. The timelines and skill force for the two recommended technologies have been further detailed below.

| | | | Technology 1 | | | Technology 2 | |
|----------|----------------------|---|--|--|---|--|----------------------|
| Тес | chnology Description | sectional light gau | ge steel frames, Wall pane | wall panels with low U-values and cross rames, Wall panels need to have high lition of windows, ventilators and built in e support strength | | • | |
| | Skill force | foundation a | ry team for installation wit nd plinth work, Electrician manufacturing units and s | • | Minimum on site fabricat foundation and plinth work, Most of the fabrication hap | Electrician and plumbers installation | and unskilled labour |
| | | 1 Unit (10 Beds) | 5 Units (50 Beds) | 10 Units (100 Beds) | 1 Unit (10 Beds) | 5 Units (50 Beds) | 10 Units (100 Bed |
| | Steel Fabrication | 3 Days | 7 Days | 9 Days | 20 Days | 30 Days | 30 Days |
| | Delivery on site | 3 Days | 3 Days | 3 Days | 3 Days | 3 Days | 3 Days |
| Timeline | On site Installation | 3 Days | 8 Days | 13 Days | 1 Day | 3 Days | 10 Days |
| | Total | 9 Days | 18 Days | 25 Days | 24 Days | 36 Days | 43 Days |
| | Note | From manufacturing to assembly on site, the technology requires minimal time. The flat pack transportation option is apt for construction even in remote inaccessible areas | | | Minimal time on the field due to ease of assembly and low skilled la n requirement. However, transportation (loading and unloading) requirement precision ensuring no damage to the fabricated unit. | | |





Setting up Sustainable Energy driven and Climate Responsive Infrastructure

The infrastructure can be categorised into 4 broad spatial classification

1. Entry and Exit Zones

Separate entry and exits need to be designed for:

- Asymptomatic Individual a.
- Medical Professional and b. Caregivers
- Waste Handlers and other C. service providers

2. Sanitation, Water Supply and Waste Management

It is important to plan for separate sanitation facilities for medical professionals and patients at different infection stages. Additionally, in the wards following guideline should be followed for the patients:

- 1 shower per 4 beds a.
- 1 toilet per 2 beds b.

3. Patient Accommodation (Infection Control and Ventilation)

Depending on the severity of the conditions, the patient accommodation needs to be designed to ensure infection control and protocols for ventilation

- Asymptomatic Not Positive a.
- Asymptomatic Positive and b. Mild Symptomatic
- Moderate Symptomatic C.
- Severe Symptomatic d.



1. Entry and Exit Zone - Vestibule Design for Symptomatic patients

- A controlled area to transfer supplies, equipment and persons (Asymptomatic Individual, Medical Professional and Caregivers, Waste Handlers and other service providers) without contamination spread
- 2. A barrier to prevent loss of pressurisation. Controls the entry or exit of contaminated air when the anteroom door is opened
- 3. Personal protective equipment (PPE) or clothing can be donned or removed prior to entry/exit of the isolated ward
- 4. Storage of Personal Protective Equipment (PPE) i.e. gowns and gloves
- 5. Anterooms should not be shared between Isolation rooms.
- 6. Waste disposed PPE suits, masks, utensils, clothes etc needs to be collected and stored in the dirty utility and evacuated by bio medical waste handlers only.







2. Patient Accommodation

Infection Control and Ventilation

The principles to achieve thermal comfort and ventilate a ward with patients with or without symptoms of Covid-19 are the same — building design, type of building, building function, building form, envelope, natural ventilation strategy, internal distribution of spaces and functions, thermal mass, heating, ventilation and air-conditioning

Process related to **natural ventilation** design:

Site design

- **1.** Building location, layout, building orientation, landscaping
- Overhangs and projections may be used. Self-shading by the building itself and remote shading (e.g. by another building or trees)
- Naturally ventilated buildings need not be narrow. The natural air currents may penetrate deeply into a building. Large halls can be built

2. Vent opening design — position of openings, types of openings, sizing of openings, control strategy

- Ventilation openings should not be blocked, and furniture layout and internal partitioning must not restrict the intended flow path and opening access. Mosquito mesh on all windows and ventilators. Isolation facility should have large windows on opposite walls of the room allowing a natural unidirectional flow and air changes.
- Daylight and glare control windows may be provided with a screen to avoid the direct sunlight. The shape and the position of the window openings are also important. The colou and the finishes of the surfaces must also be chosen properly for a comfortable level of lighting and glare control

3. Active measure for cooling and ventilation

• During hot and humid weather, local spot cooling or personalized cooling systems may be used (e.g. by using ceiling fans or desk fans)



| | Process related to mechanical ventilation design: |
|----|---|
| | Negative pressure needs to be created to prevent transfer of contaminants between rooms. This is achieved with exhausting a room with higher frequency Ensure adequate room ventilation, ensuring 12 air changes/ hour and filtering of exhaust air. |
| , | Wind chill effect from table top fans with very low air flow rate to be provided for additional heat stress relief. Ceiling fans at low rpm can be provided if needed el to be completely avoided while setting up units to prevent contamination spread. |
| | (Optional) Air Conditioning |
| ır | The patient exhaust air duct should be independent of the general area exhaust system to reduce risk of contamination due to back draughts and should dischar away from staff, visitor and entrance vestibule. |
| | Negative pressure vestibule to be create to prevent contaminated air to backflow Air filtration via HEPA filters to be provided High rates of air exchange and no recycling air - ideally VAV system ACs to be provided |
| | |

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air ge

3. Sanitation, Water Supply and Waster Management

Through ventilation best practices we can maintain and contain the spread of infection. Other means of cross contamination are from common services. It is vital to separate service routes between the covid19 positive individuals and service providers for:

- waste handling dry and wet waste from food,
- clothing and bed linens,
- bio medical waste as well as
- waste water and fecal waste,
- water supply drinking and utility
- electrical

General Precautions

Workers should wear appropriate personal protective equipment (PPE) while managing waste even when managing bed linen, dirty utensils and other personal belonging of patients.

All health care waste produced during the care of COVID 19 patients should be collected safely in designated containers and bags, treated, and then safely disposed of or treated, or both, preferably onsite. If waste is moved off-site, it is critical to understand where and how it will be treated and destroyed. All who handle health care waste should wear appropriate PPE and perform hand hygiene after removing it.

Each toilet needs to be provided with high RPM exhaust fan to prevent contamination spread post usage by patients and while cleaning of toilets and bathing areas twice a day. Isolated septic tanks to be provided for toilets used by patients and contained till properly disposed, treated or sealed.



Sealed bathroom drains, and backflow valves on sprayers and faucets to prevent aerosolized faecal matter from entering the plumbing or ventilation system is vital.

For more information, refer to: <u>WHO guidance on water sanitation and healthcare waste</u> management in relation to covid-19



A. Quarantine (Asymptomatic Patients) ward





Quarantine rooms are designated for asymptomatic individuals.

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to gauge their symptoms.

Individual modules of 10 beds can be added to existing hospitals or public infrastructure.

Segregated area for medical personnel and dirty utilities to be provided. Clothes, plates and other personal belongings of quarantined individuals to be stored and isolated for disposal and cleaning.

A. Quarantine (Asymptomatic Patients) ward :10 Beds Module - Load Details (AC/ DC Power Supply 220-240 Vac)

| S. No. | Room Type | Room Name | Load Details | Specifications | Load Wattage | Quantity | Usage Hours |
|--------|-------------------|---------------------|-------------------------|--|--------------|----------|------------------|
| 1 | Vestibule | Medical | Exhaust Fan | Exhaust Fan min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | | 1 | 12 |
| | | Personal Station | LED Tube Light | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 1 | 10 |
| | | | Mobile Charger | USB Type | 10 | 3 | 4 |
| | | | WiFi Modem | | 10 | 3 | 24 |
| 2 | | Dirty Utility | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| | | | LED Tubelight | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 1 | 10 |
| 3 | Isolation Ward | 10 Cubicles | LED Tubelight | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 10 | 7 |
| | | | Mobile Charging | USB Type | 10 | 10 | 3 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40 | 10 | 12 |
| | | | Infrared Thermometer | Handheld | | 1 | Battery operated |
| 4 | Sanitation | Toilets/ | LED Bulbs | 12 sq. ft hospital floor area requires min 335 Lumens with medium illumination intensity / 2 watts | 6 | 4 | 4 |
| | Area | Shower | LED Bulbs | 16 sq. ft hospital floor area requires min 714 Lumens with medium illumination intensity / 5 watts | 6 | 3 | 4 |
| | | | Exhaust Fan | min 50 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 20-30 | 4 | 4 |
| 5 | | Wash Basin | LED Tubelight | | 20 | 2 | 5 |



Solar System Design:

Solar powering Quarantine ward without considering table fan 1.

| Max Load that can be connected | 1022 W |
|---|-----------|
| Max units of energy (kWh) usage per day | 8.7 units |
| System Voltage | 96 V |

| Assumptions | |
|-------------------------------|--|
| Sunshine hours: 5 hours | |
| Denth of Discharge (DoD): 80% | |

| Assumptions | | Assumptions | Assumptions | | |
|---------------------------------------|----------------|-------------------------------|--------------------------|--|--|
| Sunshine hours: 5 hours | | Sunshine hours: 5 hours | Sunshine hours: 5 hours | | |
| Depth of Discharge (DoD): | 80% | Depth of Discharge (DoD): 80% | | | |
| Days of Autonomy: 1 days | | Days of Autonomy: 2 days | Days of Autonomy: 2 days | | |
| Solar Panel | 4.5 kWp | Solar Panel | 4.5 kWp | | |
| Solar Battery | 150 Ah, 96 Vdc | Solar Battery | 300 Ah, 96 Vdc | | |
| Estimated Solar Cost: Rs. 4,20,000/-* | | Estimated Solar Cost: Rs. 5 | 5,35,000/-* | | |



Solar powering Quarantine ward

with considering a table fan at

1) Medical Personal Station (1 no.)

2) Isolation Ward (10 nos for 10 cubicles)

| Max Load that can be connected | 1132 W |
|---|--------------|
| Max units of energy (kWh) usage per day | 10.088 units |
| System Voltage | 96 V |

| Assumptions | | Assumptions | | | |
|--------------------------------------|----------------|-------------------------------|--------------------------------------|--|--|
| Sunshine hours: 5 hours | | Sunshine hours: 5 hours | Sunshine hours: 5 hours | | |
| Load Efficiency: 80% | | Load Efficiency: 80% | Load Efficiency: 80% | | |
| Days of Autonomy: 1 days | | Days of Autonomy: 2 days | Days of Autonomy: 2 days | | |
| Solar Panel | 5 kWp | Solar Panel | 5 kWp | | |
| Solar Battery | 180 Ah, 96 Vdc | Solar Battery | 360 Ah, 96 Vdc | | |
| Estimated Solar Cost: Rs. 4,75,000/- | | Estimated Solar Cost: Rs. 5,9 | Estimated Solar Cost: Rs. 5,95,000/- | | |



B. Isolation (Symptomatic Patients - Mild) ward





B. Isolation (Symptomatic Patients - Mild) ward





B. Isolation (Symptomatic Patients - Mild) ward



Entrance- Airlock Clean Utility



Exit- Dirty Utility

B. Isolation (Symptomatic Patients) ward : 10 Beds Module - Load Details (AC/ DC Power Supply 220-240 Vac)

| S. No. | Room Type | Room Name | Load Details | Specifications | Load Wattage | Quantity | Usage Hours |
|--------|----------------|---------------|-------------------------|--|--------------|---|-------------|
| 1 | Airtight | Medical | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| | Vestibul | Personal | LED Tubelight | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 1 | 10 |
| | е | Station - | Mobile Charger | USB Type | 10 | 3 | 4 |
| | | | WiFi Modem | | 10 | 3 | 24 |
| 2 | | Staff Change | LED Bulb | 80 sq. ft bathroom area requires min 2230 Lumens with high illumination intensity/ 20 watts | 10 | 2 (divided amoung the shower and toilet area) | 3 |
| 3 | | Wash | LED Bulb | | 6 | 2 | 4 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| 4 | | | LED Tubelight | | 20 | 1 | 3 |
| | | Dirty Utility | LED Bulb | | 6 | 2 | 3 |
| 5 | Isolation | 10 Cubicles | LED Tubelight | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 10 | 7 |
| | Ward | | Mobile Charging | USB Type | 10 | 10 | 3 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40 | 10 | 12 |
| | | | Infrared Thermometer | Handheld | | 1 | Battery |
| 6 | Sanitati | Toilets/ | LED Bulbs | 12 sq. ft hospital floor area requires min 335 Lumens with medium illumination intensity / 2 watts | 6 | 4 | 4 |
| | on Area Shower | | LED Bulbs | 16 sq. ft hospital floor area requires min 714 Lumens with medium illumination intensity / 5 watts | 6 | 3 | 4 |
| | | | Exhaust Fan | min 50 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 20-30 | 4 | 4 |
| 7 | | Wash Basin | LED Tubelight | | 20 | 2 | 5 |



Solar System Design

1. Solar powering Quarantine ward without considering Pedestal fan

| Max Load that can be connected | 1066 W |
|---|-----------|
| Max units of energy (kWh) usage per day | 8.9 units |
| System Voltage | 96 V |

Assumptions

Sunshine hours: 5 hours

Depth of Discharge (DoD): 80%

Days of Autonomy: 1 days

| Solar Panel | 4.5 kWp |
|--------------------------------------|----------------|
| Solar Battery | 150 Ah, 96 Vdc |
| Estimated Solar Cost: Rs. 4,20,000/- | |



| Assumptions | | |
|-------------------------------|----------------|--|
| Sunshine hours: 5 hours | | |
| Depth of Discharge (DoD): 80% | | |
| Days of Autonomy: 2 days | | |
| Solar Panel | 4.5 kWp | |
| Solar Battery | 300 Ah, 96 Vdc | |
| Estimated Solar Cost: Rs. 5,3 | 5,000/- | |

Solar powering Quarantine ward

with considering a table fan at

1) Medical Personal Station (1 no.)

2) Isolation Ward (10 nos for 10 cubicles)

| Max Load that can be connected | 1132 W |
|---|--------------|
| Max units of energy (kWh) usage per day | 10.088 units |
| System Voltage | 96 V |

| Assumptions | | Assumptions | Assumptions | | |
|--------------------------------------|----------------|---------------------------|-------------------------|--|--|
| Sunshine hours: 5 hours | | Sunshine hours: 5 hours | Sunshine hours: 5 hours | | |
| Load Efficiency: 80% | | Load Efficiency: 80% | Load Efficiency: 80% | | |
| Days of Autonomy: 1 days | | Days of Autonomy: 2 days | | | |
| Solar Panel | 5 kWp | Solar Panel | 5 kWp | | |
| Solar Battery | 180 Ah, 96 Vdc | Solar Battery | 360 Ah, 96 Vdc | | |
| Estimated Solar Cost: Rs. 4,75,000/- | | Estimated Solar Cost: Rs. | 5,95,000/- | | |



C. Therapeutic Care (Moderate Symptoms) ward





Patients with moderate to severe symptoms are required to be isolated with additional care in the form of Oxygen concentrator or Cylinder and Pulse Oximeter.



C. Therapeutic Care (Moderate Symptoms) ward





C. Therapeutic Care (Moderate Symptoms) ward



SANITATION

ISOLATION WARD



AIRTIGHT VESTIBULE

C. Basic Therapeutic Care - Load Details (AC/ DC Power Supply 220-240 Vac)

| S. No. | Room Type | Room Name | Load Details | Specifications | Load Wattage | Quantity | Usage Hou |
|--------|---------------------------------------|-----------------|-------------------------|--|--------------|--|-------------------|
| 1 | Airtight Medical Personal Exhaust Fan | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| | Vestibule | | | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 1 | 10 |
| | | | Mobile Charger | USB Type | 10 | 3 | 4 |
| | | | WiFi Modem | | 10 | 3 | 24 |
| 2 | | Staff Change | LED Bulb | 80 sq. ft bathroom area requires min 2230 Lumens with high illumination intensity/ 20 watts | 10 | 2 (divided amoung the shower and toilet area) | 3 |
| 3 | | Wash | LED Bulb | | 6 | 2 | 4 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| | | | LED Tubelight | | 20 | 1 | 3 |
| 4 | | Dirty Utility | LED Bulb | | 6 | 2 | 3 |
| 5 | Isolation Ward | 6 Cubicles | LED Tubelight | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 6 | 7 |
| | | | Mobile Charging | USB Type | 10 | 6 | 3 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40 | 6 | 12 |
| | | | Infrared Thermometer | Handheld | | 1 | Battery operation |
| | | | Oxygen Concnentrator | 87% to 96% at 0.5 to 5 L/min (portable) | 300-400 | 3 (50 % of moderately affected cases requires oxygen concentrator) | 14 |
| | | | Pulse Oxymeter | Portable | | 6 | |
| 6 | Sanitation Area | Toilets/ Shower | LED Bulbs | 12 sq. ft hospital floor area requires min 335 Lumens with medium illumination intensity / 2 watts | 6 | 4 | 4 |
| | | | Exhaust Fan | min 50 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 20-30 | 4 | 4 |
| 7 | | Wash Basin | LED Tubelight | | 20 | 1 | 5 |



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Solar System Design:

1. Solar powering Quarantine ward without considering table fan

| Max Load that can be connected 1798 V | | |
|---|------------|--|
| Max units of energy (kWh) usage per day | 20.8 units | |
| System Voltage | 240 V | |

| Assumptions | | |
|-------------------------|--|--|
| Sunshine hours: 5 hours | | |

Depth of Discharge (DoD): 80%

Days of Autonomy: 1 days

| Solar Panel | 11 kWp |
|--|-----------------|
| | |
| Solar Battery | 150 Ah, 240 Vdc |
| | |
| Estimated Solar Cost: Rs. 12,00,000/- (A | Approx.) |
| | |



Assumptions Sunshine hours: 5 hours Depth of Discharge (DoD): 80% Days of Autonomy: 2 days Solar Panel 11 kWp Solar Battery 300 Ah, 240 Vdc Estimated Solar Cost: Rs. 15,00,000/- (Approx.)

D. ICU (Severe Symptoms) ward - 6 Beds





to be isolated with additional care in the form of Ventilators (with/ without splitters) cylinders/ oxygen concentrator, infusion pump, suction devices, multipara monitor, defibrillator, ECG

Patients with severe symptoms are required

No partition walls to be provided in ICU units - privacy curtains to be added.

Separate oxygen tank storage for centralised oxygen supply needs to be provided.

D. ICU (Severe Symptoms) ward - 6 Beds





SANITATION

D. ICU Ward-6 bed Load Details (AC/ DC Power Supply 220-240 Vac)

| S. No. | Room Type | Room Name | Load Details | Specifications | Load Wattage | Quantity | Usage Hours. |
|------------|----------------------------|---------------------------|----------------------|---|--------------|---|--------------|
| 1 Airtight | | Airtight Medical Personal | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| | Vestibule Station LED Tube | | LED Tubelight | 48 sq. ft hospital floor area requires min 2141 Lumens with medium illumination intensity / 16 watts | 20 | 1 | 10 |
| | | | Mobile Charger | USB Type | 10 | 3 | 4 |
| 2 | | Staff Change | LED Bulb | 80 sq. ft bathroom area requires min 2230 Lumens with high illumination intensity/ 20 watts | 10 | 2 (divided amoung the shower and toilet area) | 3 |
| 3 | | Wash | LED Bulb | | 6 | 2 | 4 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40-60 | 1 | 12 |
| | | | LED Tubelight | | 20 | 1 | 3 |
| 4 | | Dirty Utility | LED Bulb | | 6 | 2 | 3 |
| 5 | Isolation Ward | tion Ward 6 Cubicles | LED Tubelight | 80 sq. ft hospital floor area requires min 3568 Lumens with medium illumination intensity / 27 watts | 24 | 6 | 7 |
| | | | Mobile Charging | USB Type | 15 | 6 | 3 |
| | | | Exhaust Fan | min 130 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 40 | 6 | 12 |
| | | | Infrared Thermometer | Handheld | | 1 | |
| | | | ICU Ventilator | with oxygen cylinder (needs 100% of oxygen and needed to regulate it with mixing of air) | 200 | 6 | 24 |
| | | | Multi Para Monitor | Able to measure & display ECG, blood pressure, temperature, heart rate, respiratory rate and pulse oximetry | 35-120 | 6 | 24 |
| | | | Infusion Pump | | 25-50 | 6 | 24 |
| | | | Defibrillator | | 100 | 2 | 0.25 |
| | | | Suction Machine | | 180 | 6 | 1 |
| 6 | Sanitation Area | Toilets/ Shower | LED Bulbs | 12 sq. ft hospital floor area requires min 335 Lumens with medium illumination intensity / 2 watts | 6 | 4 | 4 |
| | | | Exhaust Fan | min 50 CFM (Cubic Feet per Minute to allow 12 air changes per hour) | 20-30 | 4 | 4 |
| 7 | | Wash Basin | LED Tubelight | | 20 | 1 | 5 |



Solar System Design

Solar powering ICU 1.

| Max Load that can be connected | 3672 W |
|---|-----------------|
| Max units of energy (kWh) usage per day | 46.318 units |
| System Voltage | 240 V |

| Assumptions | | |
|---|-------------------------|--|
| Sunshine hours: 5 hours | Sunshine hours: 5 hours | |
| Depth of Discharge (DoD): 80% | | |
| Days of Autonomy: 1 day | | |
| Solar Panel 22.5 kWp | | |
| Solar Battery 300 Ah, 240 Vdc | | |
| Estimated Solar Cost: Rs. 20,00,000/- (Approx.) | | |



| Max Load that can be connected | 3742 W |
|---|-----------------|
| Max units of energy (kWh) usage per day | 47.158 units |
| System Voltage | 240 V |

Assumptions

Sunshine hours: 5 hours

Depth of Discharge (DoD): 80%

Days of Autonomy: 1 day

| Solar Panel | 23 kWp |
|---|-----------------|
| Solar Battery | 300 Ah, 240 Vdc |
| Estimated Solar Cost: Rs. 20,00,000/- (Approx.) | |

Other Auxiliary Infrastructure - OPD and IPD

In geographies affected by the pandemic, district hospitals and speciality care hospitals are being transformed into isolated COVID-19 care designated spaces. This is done to ensure trained medical personnel are available in a centralised manner during the crisis.

In this case, care for regular patients and services to TB, cardiovascular, neurology patients need to be provided in an auxiliary infrastructure. This service could be provided by a local private hospital or Primary Health Facility, in the absence of which this can be supplemented as an add-on unit to the speciality hospital.

For such auxiliary facilities, following guidelines can be followed:

- General screening of patients should be done outside waiting area by collecting their oral health history record and thermal screening. Families of patients should be discouraged from entering the premises
- Ensure waiting room and in-patient ward follow safe distancing of 2m between patients
- Designated wash area should be provided for staff, in-patients and outpatients
- Designated procedural room for minor surgeries should be provided
- Additional IPD with washrooms and toilets can be also provided where HR support is available
- A Pharmacy with adequate medicines and cold storage facility can also be added to the module

During the pandemic - sterilisation and hygiene practice should be follow as per regulation









Staff Quarantine Units / Staff Quarters

It is important that well-being and safety of the staff at the COVID19 facilities, and their families is maintained. The medical staff at designated COVID19 treatment centres have been reportedly working long hours, many infected due to shortage of PPE or close contact with COVID19 infected patients. Reports have also come in on how the medical staff can also be a virus carrier themselves and precautions need to be followed when they interact with family, friends and colleagues outside the hospital.

In this case, spaces need to be provided for the staff to live in quarantine from their families, and other non COVID19 medical staff at the facility as a precautionary measure. The following protocols and guidelines should be followed in these staff quarantine units:

- General screening of doctors, nurses and other medical professional at entry and exit of the staff accommodation
- Families to be discouraged from visiting the accommodation
- Daily sterilisation or fumigation to be ensured in the facility
- Common gathering areas or cafeteria services to ensure physical distance and hygiene practices





Bathing facilities equipped with all sanitary fitting (1.8m x 1.5m)

Ample mechanisms for cross ventilation and exhaust (Window+Ventilator+Exhaust Fan)

Interior layout of a studio style apartment with allowance for 1 **Bed, Table and Storage facilities** (3m x 3m)

Outer Envelope - Prefabricated or In-situ methodology of construction with entry door and ventilators depicted





Typical Layout 1 (Common Corridor) 5,7,9,11... Units





The modular design shown alongside is designed to provide a safe quarantine and resting space for the medical staff in a COVID19 Treatment Facility.

Each modules is designed to have its own private toilet, with adequate natural lighting and ventilations. Depending on the space available on the site, and the requirement at the health facility, the capacity can be increased by extending the corridor and addition additional modules.

References and Acknowledgements

https://ncdc.gov.in/WriteReadData/I892s/42417646181584529159.pdf COVID -19 Outbreak | Guidelines for Setting up - Isolation Facility/Ward | National Centre for Disease Control International Health Facility Guidelines http://india.healthfacilityguidelines.com/Guidelines/Index/HFG-India WHO Guidelines on the Clinical Management of the COVID 19 https://www.who.int/water sanitation health/publications/natural ventilation.pdf Indian Public Health Standards -District Hospital Mock Drill Emergency Response for Handling Covid Cases in the Government Hospital (https://www.mohfw.gov.in/pdf/MockDrill.pdf) https://mail.google.com/mail/u/0/? <u>ui=2&view=btop&ver=1wti76qpozfyq#attid%253Datt 17144463f9ee9971 0.1 1408c7ee 131044d6 2b1d5ee9 1ce23556 5e822627%25252FHow-to-</u> convert-Hospital-into-COVID-Hospital.final-pdf.pdf https://www.thehindu.com/opinion/lead/ironing-out-wrinkles-in-indias-pandemic-response/article31156471.ece http://healthfacilityguidelines.com/ViewPDF/ViewIndexPDF/iHFG part d isolation rooms

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SELCO Foundations role in COVID19 response and the Health+Energy Nexus

The COVID-19 crisis has alarmingly brought to front the unpreparedness of the humanity to deal with such a crisis. It also lay to bare the glaring gaps in the health supply chains across the world. Previously, the gaps were main focused on the cost of delivering health services and its inaccessibility to the poorer populations across the world.

SELCO Foundation some years ago started a Health Vertical to prove that an ecosystem approach to relook at Energy-Health nexus would be more impactful and make delivery of health more affordable, sustainable and most importantly accessible. SELCO advocated for sustainable energies like solar, in a decentralized manner, to be an enabler that could help the health sector close the gaps it was facing. Under the Energy-Health nexus, SELCO holistically evaluates, after a thorough energy-health assessment, the gaps, and maps out the specific solutions (including aspects of efgieicny, sustainable energy and green building design) to improve resilience of health centers and decrease cost per patient care over time. The integrated approach has led to better building designs, more efficient and modular medical equipments, decentralization of services, better human resource retention and mapping, effective use of technology and a more customized approach the health.

SELCO hopes the nexus approach will not only integrate sustainability into the health sector in a deep manner but also help the respective stakeholders a faster way to reach the sectors goals.

For more information: Write to: covid19@selcofoundation.org Or Visit: covid-19.selcofoundation.org

